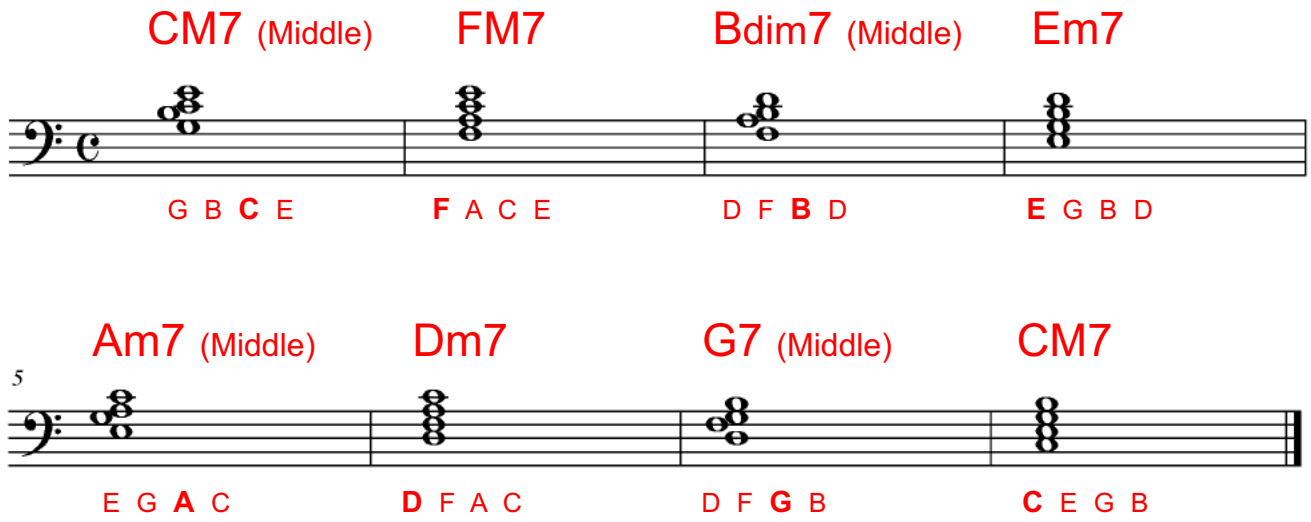
# 7th CHORDS WORKOUT **C**

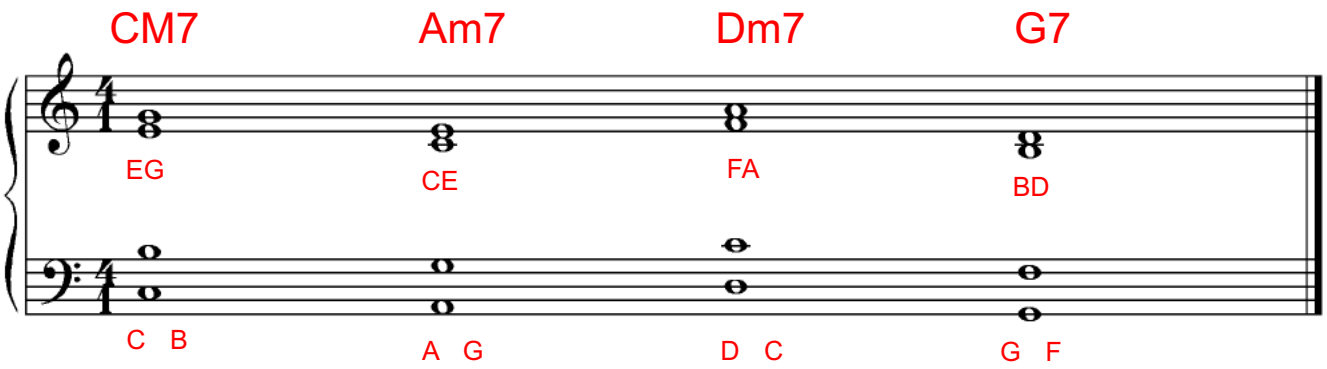
## C FAMILY CHORDS CYCLE OF FIFTHS PROGRESSION
**(The CATERPILLAR)**

Remember the cool chord progression from book 6 that 'walked' down the keys like a 'Caterpillar'? Play this again and improvise in the Right Hand with the C major scale.




## I - VI - II - V VOICINGS

It's a good idea to practice VOICINGS in every key. A 'voicing' is when you split the chord notes between both hands or when you leave some chord notes out so that the chord SOUNDS lighter or sweeter. The voicing we will use is Root and 7th in the left hand and the 3rd and 5th in the right hand. (see book 6)
You can also just play the root and 7th in the left hand (this is called a 'SHELL') and IMPROVISE in the right hand using the C MAJOR scale.




No. of times practiced